

ANDREA ADELER



HEIGHT 179 | BUST 86 | WAIST 64 | HIPS 91 | HAIR BROWN | EYES BROWN | SHOES 41

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SPRING SKIN *secrets*

It's not just your wardrobe that requires an overhaul come spring—these are the skincare tweaks the experts actually recommend making.

After months of short grey days, rain, snow, slush, and freezing temperatures, spring is finally on its way, and we're certainly excited at the prospect. With longer, brighter days incoming, we're ready to kiss goodbye to chapped, dry, flaky skin and begin preparing our visage for (fingers crossed) sunnier days ahead.

But what switches do we need to make to ensure our skin at its best starting point this spring? We spoke to some of Scotland's top skincare experts to discover the changes we should be making to our beauty regimes—we may have managed to get their secrets for achieving healthy, gorgeous skin in the process, too.

*Photography: Anette Schiav
Hair and makeup: Rayne Lanning
Model: Andrea at Heartbreak Management*

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